



2020 LGBTQ Youth Convening

Still We Rise: Evolution through Education

Conference Schedule

Saturday, May 9th, 2020

Theme: Mental Health and Support

Time	Action
10:00-10:15 a.m.	Opening Speaker
10:20-11:10 a.m.	Workshops
Workshop 1	Sabrina Hughes & Nicole Zarate (Waymakers OC): Consent and Boundaries
Workshop 2	Miguel Zamudio (LGBTQ Center OC): Empowering Families: Parent Panel and Family Support (Bilingual -English & Spanish Panel)
Workshop 3	Jen Fliscazio: A Safe Space - The Importance of Allyship
Workshop 4	Alisha Khan & Silvia Lilly (NAMI OC): Well-Being & Self-Care 101 for LGBTQIA+ Youth & Parents
Workshop 5	Stephanie Cariker: Coping with COVID: Protecting the Mental Health of LGBTQ Youth
11:15-11:35 a.m.	Drag Performances
11:40-11:45 a.m.	Closing and Opportunity Drawing

Saturday, May 16th, 2020

Theme: Education

Time	Action
10:00-10:15 a.m.	Opening Speaker
10:20-11:10 a.m.	Workshops
Workshop 1	Brian Hendra (Palm Springs High School): Fostering Safe and Supportive Schools and Communities
Workshop 2	Tony Viramontes (LGBTQ Center OC): Flavored Tobacco: What Does It Really Look Like?
Workshop 3	Aurea Martinez (She/Her) Kathy Tran (She/Her) Marco Ortega (He/Him) Michael

	Aranda (He/Him) (Orange County Human Relations): Creating a Plan: Power mapping Your Way to a More Inclusive School
Workshop 4	Morelia Rodriguez & Andrea Espino (Women's Transitional Living Center): LGBTQ+ Relationships
11:15-11:35 a.m.	Drag Performances
11:40-11:45 a.m.	Closing and Opportunity Drawing

Saturday, May 23rd, 2020

Theme: Advocacy and Empowerment

Time	Action
10:00-10:15 a.m.	Opening Speaker
10:20-11:10 a.m.	Workshops
Workshop 1	Dr. Heather Chapman (El Modena High School): Allies & Advocates: How Adults Can Support LGBTQ Youth
Workshop 2	Amanda Goad & Ariana Rodriguez (American Civil Liberties Union): Know Your LGBTQ+ Student Rights
Workshop 3	Dwayne Moseby (UC Santa Barbara): Power in Speech: Public, Private & Hidden Meaning
Workshop 4	Jocelyn Ha & Evan Ferraro (El Modena High School's Gay-Straight Alliance): Student Advocacy 101
Workshop 5	Brit Cervantes (UCI Diversity Clinic) and Miliana Singh (LGBTQ Center OC): Speaking Your Truth: A Guide for Trans Student Rights in School
11:15-11:35 a.m.	Drag Performances
11:40-11:45 a.m.	Closing and Opportunity Drawing



Community Agreements

The LGBTQ Youth Convening aims to foster a positive learning community in which participants engage and learn as respectful community members. We ask that each participant be open to the opportunity for understanding, respecting and connecting with others. Below is a list of community agreements for this event.

1. One diva, one mic – one person speaking at a time
2. Keeping an open mind
3. Don't yuck my yum – don't put down others for their preferences
4. Make space, take space
5. Respect the confidentiality of others
6. Speak from your own experiences, using "I" statements
7. Learn and have fun!



Mental Health Support

Need a space to take breath, decompress, or rest?

Counselors are available throughout the conference's sessions in case you need someone to talk to and decompress. A counselor is also available during each presentation to check in privately via chat.

Please visit the general counseling room for additional assistance:

<https://bit.ly/ConveningRoom1>

Password: 123123

Thank You To Our Sponsors!

The LGBTQ Center OC is grateful for the ongoing support of our community sponsors, who are committed to supporting LGBTQ youth and building a healthier and safer Orange County. With the help of our sponsors, the LGBTQ Center OC continues to fulfill our mission of advocating on behalf of the Orange County LGBTQ community, and to provide services that ensure its well-being and positive identity.



Keynote Speakers & Performers



Dwayne Moseby

Dwayne graduated from UCSB in June 2018 with a major in Global Studies and a minor in German. He began working at UCSB's Queer Resource Center in September 2018 and currently serves as the Chair of the All-Gender Restroom Committee on the Trans Task Force. His activism began during his time there as a student, he was involved with the Queer Student

Union as co-chair for two years, chaired the Associated Students Public Safety Commission for two years and co-founded the UCIV volunteer program which acts as a mediator between local law enforcement, students and community members in Isla Vista. He also worked in Washington D.C. as an intern for Congressman Mark Takano, the first openly gay POC in Congress, where he assisted with research for legislation pertaining to veterans affairs, congressional spending and LGBTQ+ rights. During his time as a Program Coordinator at UCSB, Dwayne has helped to advocate for greater accessibility and increased the amount of all gender restrooms on his campus, has helped to establish new LGBTQIA+ support groups on campus, and re-established institutional support for QTPOC student organizations on campus.



Romero-Cruz Academy's Rainbow Warriors

Rainbow Warriors is Romero Cruz Academy's Gay-Straight Alliance (GSA). Rainbow Warriors is a safe and welcoming club for LGBTQ (Lesbian, Gay, Bisexual, Transgender and Questioning) youth and their friends. We accept all students regardless of sexual orientation and gender identity. The group has been active for 8 years and is advised by Mrs. Reinhart.

Youth Empowered to Act of the LGBTQ Center OC

Youth Empowered to Act is a coalition of Orange County LGBTQ youth leaders and allies between the ages 14-24 working to create safe, supportive, and nondiscriminatory



environments for all youth through education, advocacy, and organizing. Youth Empowered to Act is open to new members who are interested in defeating homophobia, biphobia, and transphobia, and in becoming agents of change in their communities and beyond. Youth Empowered to Act participates in various



events at the local, community, and national level. All participation can count towards community hours for students.





Youth Empowered to Act meets every Tuesday and Thursday in the evenings and is open to new members. Please contact: tobias.vasquez@lgbtqcenteroc.org for more details and registration!

Drag Performers



Saturday, May 9th

#	Performer	Instagram
1	<p>Maddy Mokes She/They</p> <p>Instagram: @maddymokes</p> <p>Venmo: @dwayne-mosbey</p> <p>Cashapp: \$mosubii</p>	<p>www.instagram.com/maddymokes</p> 
2	<p>Johnny Rose Gentleman He/Him</p> <p>Instagram: @johnnygentleman_drag</p> <p>Venmo: @johnnythegent</p> <p>Cashapp: \$johnnythegentnyc</p>	<p>www.instagram.com/johnnygentleman_drag</p> 

Saturday, May 16th

#	Performer	Instagram
1	<p>Pelvis Breastly They/Them or He/His</p> <p>Instagram: @kingpelvisb</p> <p>Venmo: @pelvisb</p> <p>Paypal: paypal.me/Pelvisb</p>	<p>www.instagram.com/kingpelvisb</p> 
2	<p>Blisila Hollywood She/Her/Hers</p> <p>Instagram: @blisila_h</p> <p>Venmo: @BicolXpres</p> <p>Cashapp: \$BlisilaH</p> <p>Paypal: raygerona@gmail.com</p>	<p>www.instagram.com/blisila_h</p> 

Saturday, May 23rd

#	Performer	Instagram
1	<p>Elektra LaKill Wolfe She/Her/Hers</p> <p>Instagram: @elektra_wolfe</p> <p>Venmo: @Elektra-Wolfe</p>	<p>www.instagram.com/elektra_wolfe</p>  A portrait of a drag performer with long, straight black hair, heavy eye makeup, and bright red lipstick. She is wearing a purple sequined top and is looking slightly to the right against a gold sequined background.
2	<p>Borgia Bloom Facade She/Her/Hers</p> <p>Instagram: @borgiabloom</p> <p>Venmo: @Nico-Cervantes</p> <p>Cashapp: \$NicoCervantes</p>	<p>www.instagram.com/borgiabloom</p>  A portrait of a drag performer with a large, dark, styled wig, heavy eye makeup, and a black sequined top. She is looking directly at the camera with a slight smile.

Youth Organizers

We are grateful for our committed group of youth organizers who have helped to bring this conference to fruition! Below are their biographies so you can learn more about them!

Brian has been the President for his GSA for 3 years. He joined Youth Empowered to Act this past semester to help coordinate the LGBTQ Youth Convening before he takes his new adventure into higher education. Brian is a facilitator, mentor to younger LGBTQ peers, and an overall leader in his school community. He is also interested in community organizing and business management.



Ali is a proud member of Youth Empowered to Act, where she helps organize events geared towards engaging queer youth in Orange County. She also serves on the Board of Directors for the LGBTQ Center OC as a youth representative. Ali first became involved in LGBTQ+ advocacy through her experiences as a co-chair of the Queer and Trans Asian and Pacific Islanders Club (QTAPI) at UC Santa Barbara, where she and her co-chairs focused on creating safe spaces, coordinating intersectional programs and socials, and strengthening solidarity among the queer organizations on campus through collaborative events. Through her efforts, Ali hopes to play a prominent role in uplifting the voices of queer youth, especially those from marginalized communities, and empower them to dream big.



Workshops

Saturday, May 9th, 2020: Mental Health and Support

Please contact tobias.vasquez@lgbtqcenteroc.org for the Zoom password.

	Title	Workshop Description	Audience	Presenter(s)	Organization	Zoom Meeting ID
1	Consent and Boundaries	This interactive presentation seeks to teach youth skills to incorporate healthy boundaries, consent, and respect into their relationships. In addition, this conversation will explore the intersection between the LGBTQ+ community and experiences of sexual assault, abuse, and harassment.	Youth	Sabrina Hughes & Nicole Zarate	Waymakers OC	837-2589-6254
2	Empowering Families: Parent Panel and Family Support	The purpose of this workshop is to provide a safe and supportive environment for people who want to listen to the stories of parents and family members coming to terms with their young LGBTQ+ loved ones. This workshop will be a panel of parents sharing their stories followed by Q&A.	Youth, Adults, Parents	Miguel Zamudio	LGBTQ Center OC	835-8804-0511
3	A Safe Space: The Importance of Allyship	Come together with fellow allies and members of the LGBTQ+ community to examine how to work in partnership with and advocate for members of the LGBTQ+ and other marginalized communities. This will be a safe space where folks can ask pressing questions, express their feelings, and deepen their practice. Through interactive group work, we will delve in to our own biases, both conscious and unconscious, and explore the world of microaggressions and their impact	Youth, Adults, Administrators, Parents	Jen Fliscazio	--	832-7839-1170
4	Well-Being & Self-Care 101 for LGBTQIA+ Youth & Parents	We will touch on the importance of emotional well-being and self-care practices specifically for LGBTQIA+ youth. We will also cover how to support your LGBTQIA+ child for parents.	Youth, Parents	Aisha Khan and Silvia Lilly	NAMI OC	838-7826-4942
5	Coping with COVID: Protecting the Mental Health of LGBTQ Youth	This workshop will cover potential implications of COVID-19 on the mental health of	Youth, Adults, Administrators, Parents	Stephanie Cariker	--	819-5320-5536

		LGBTQ youth and will provide coping skill interventions to address the negative mental health impacts related to the COVID-19 pandemic. This workshop is designed as a "tool kit" of strategies to help manage anxiety, depression and stress. It will assist participants to focus on things they can control during these times of uncertainty.				
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Saturday, May 16th, 2020: Education

	Title	Workshop Description	Audience	Name	Organization	Zoom Meeting ID
1	Fostering Safe and Supportive Schools and Communities	We will discuss how you can assist in creating a safe and supportive learning environment for all students but, specifically the LGBTQ community. Talking about bullying in the classroom and through social media. How the way the district and staff are able to address these issues. Different programs we have put in place at Palm Springs High School and what the District has supported us with. Also discussing the new sex education requirements and the FAIR Education Act.	Administrators, Parents	Brian Hendra	Palm Springs High School	837-1733-3095
2	Flavored Tobacco: What does it really look like?	This workshop aims to explore tobacco use among LGBTQ youth. We discuss tactics big tobacco companies use to make it appealing to marginalized communities and discuss its harms on the health of LGBTQ people.	Youth, Adults, Administrators, Parents	Tony Viramontes	LGBTQ Center OC	810-2294-3349
3	Creating a Plan: Power Mapping Your Way to a More Inclusive School	Do you want to advocate for LGBTQ+ rights in your campus/community but don't know where to start? Through this workshop, participants will learn how to utilize the framework of powermapping to identify allies. Along with providing restorative language to help participants start conversations with stakeholders!	Youth, Adults, Parents	Aurea Martinez (She/Her) Kathy Tran (She/Her) Marco Ortega (He/Him) Michael Aranda (He/Him)	OC Human Relations	858-9169-4023
4	LGBTQ+ Relationships	This workshop will explore the spectrum of LGBTQ+ relationships, from healthy to abusive. Workshop participants will be able to identify and differentiate between healthy, unhealthy, and abusive	Youth, Parents	Morelia Rodriguez & Andrea Espino	Women's Transitional Living Center	845-7386-1230

		relationships, learn about the types of abuse specific to LGBTQ+ relationships, how to keep safe if you in an unhealthy relationship as well as learn how to help a friend experiencing intimate partner abuse.				
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Saturday, May 23rd, 2020: Advocacy and Empowerment

	Title	Workshop Description	Audience	Name	Organization	Zoom Meeting ID
1	Allies & Advocates: How Adults can Support LGBTQ Youth	Come learn about creating a safe, welcoming space for LGBTQ+ youth and families through GSAs, inclusive classroom practices, school-wide policies, and more.	Adults, Administrators, Parents	Dr. Heather Chapman	El Modena High School & Youth First Orange County	867-1745-9008
2	Know Your LGBTQ+ Student Rights	Review of the protections California law affords to LGBTQ students, with time for participant questions + a little discussion of how folks can organize to fix issues in their school communities if it doesn't feel like they are fully able to exercise these rights.	Youth, Adults, Administrators, Parents	Amanda Goad	American Civil Liberties Union	812-2563-3198
3	Power in Speech, Public, Private & Hidden Meaning	The purpose of this workshop is to explore the importance of speech and its various forms as someone who is looking to become a leader in their community. We often do not realize or think of why folks are advocating for what they are; talk about ourselves and those who inspire us often or in a positive light; and do not examine the ways in which we can navigate a system that was not built for us. The workshop seeks to touch on each of those areas and give folks usable tools that they can bring into their leadership and pass on to others. "	Youth, Adults, Administrators	Dwayne Mosbey	UC Santa Barbara	819-1362-5690
4	Student Advocacy 101	This workshop is a basic introduction to student advocacy, teaching youth how to start being more active in the community and giving them resources to begin advocating for themselves and others. These resources would include guides to processes like organizing a group of peers, writing a speech for a school	Youth	Jocelyn Ha	El Modena High School's Gay-Straight Alliance	865-8991-1369

		board meeting, or conducting student interviews.				
5	Speaking Your Truth: A Guide for Trans Student Rights in School	"The purpose of this workshop is to increase awareness and understanding of gender diversity amongst students to gain competence in supporting all students at school. This will help students, parents and administrators understand how bullying and high risk behaviors present within the LGBT community. Lastly, participants will gain tangible tools to support LGBT students on your campus."	Youth, Adults, Administrators, Parents	Brit Cervantes and Miliana Singh	UCI Diversity Clinic and LGBTQ Center OC	811-0104-4326



Workshop Presenters

Aisha Khan is a bicultural, LGBT+ mental health advocate. With a masters in public health and experienced mental health professional, Aisha has a demonstrated history working in suicide prevention, peer and family mentorship. Additionally, Aisha has been featured in several mental health speaking engagements including NAMI-OC's ""In Your Own Voice"" and ""Ending the Silence."

Amanda Goad is an LGBTQ Rights lawyer at the ACLU of SoCal, working to close the gap between strong protections on paper and lived equality for Californians of all genders and sexual orientations. Amanda also serves as Audrey Irmas Director of the LGBTQ, Gender & Reproductive Justice Project at ACLU SoCal, and as co-director of the ACLU of California's statewide LGBTQ work. Amanda is a board member of the national GSA Network and a former teacher, and lives in Los Angeles with a wonderful woman and two cuddly cats.

Andrea Espino holds a Bachelor of Arts degree in Psychology from the CSULB. She has worked in case management and program development for over 10 years, in both private and non-profits organizations. In her various positions, Andrea has worked with and advocated for marginalized communities. Currently, Andrea is the Human Trafficking Specialist at WTLC. In her position, Andrea supports the organization by overseeing the human trafficking component of the Community Outreach and Education Department. Andrea collaborates with other departments and agencies to coordinate and implement appropriate Trauma Informed Service Plans for survivors based on assessment of needs and safety. Andrea participates in various collaboratives, round tables and committees in Orange, San Diego and Los Angeles County and works with the community by provided awareness and education to help individuals and families escape the depths of domestic violence and exploitation."

Brian Hendra is the Principal of Palm Springs High School, he has been an administrator for the last 14 years working in Middle Schools, High School, and Alternative Education. He holds a Master's Degree in Multi-cultural Education, and has been activist for the gay community. He has a passion for ensuring students are in a safe social and emotional learning environment. Since 2000 when he started his career in education he has been having hard conversations with students, staff, and the community when it comes to the LGBTQ community.

Brit Cervantes is on the Board of Directors for the LGBTQ Center OC and is the Program Coordinator for UCI's Pediatric Gender Diversity Program. Their role within Gender Diversity is to assist patients and families with navigating their social, legal, and medical transition. Brit is also the Co-Chair to the LGBTQ Center OC's Trans*itions Health and Wellness committee which started in November of 2014. This committee plans transgender day of remembrance, transgender day of visibility, and Orange County's largest transgender pride event.

Dwayne Mosbey graduated from UCSB in June 2018 with a major in Global studies and minor in German. He began working at the Center in September 2018 and currently serves at the Chair of the All-Gender Restroom Committee on the Trans Task Force. His activism began during his time as a student, he was involved with the Queer Trans Community (formerly known as the Queer Student Union) as co-chair, chaired the Associated Students Public Safety Commission for two years, won the crown of the youngest Santa Barbara Queen of Pride in 2017 and co-founded the UCIV volunteer program which acts as a mediator between local law enforcement, students and community members in Isla Vista. He also worked in Washington D.C. as an intern for Congressman Mark Takano, the first openly gay POC in Congress, where he assisted with research for legislation pertaining to veterans affairs, congressional spending and LGBTQ+ rights. Dwayne considers his hometown to be wherever his family is, which is currently Las Vegas, NV and he loves comics, drag, and hunting for the latest foodie trends.

Dr. Heather Chapman is the long-time advisor of the El Modena HS GSA within the Orange Unified School District. She teaches AP Psychology & U.S. History and has an extensive background in performing arts. Dr. Chapman has trained teachers on topics such as LGBTQ+ inclusivity, mental health, union organization, and instructional practices for OUSD, the North Orange County Think Tank, the LGBT Center of OC, and her own sites. She hopes to inspire you whether you are a caring adult ally, engaged advocate, or fired-up activist.

Jen Fliscazio has twelve years' experience teaching in classrooms ranging from infants to preschool. She has helped support and guide the development of anti-bias initiatives in two high-quality early childhood programs and provides professional development for other educators around issues of bias and oppression. Jen has presented nationally, for NAEYC, on the topic of allying with LGBTQ+ community within ECE - a session backed by the LGBT Interest Forum - and was a panelist at a recent Gender and Childhood event at Brown University. Currently, Jen is offering virtual parenting and ECE workshops while she is on furlough due to the COVID-19 crisis.

Jocelyn Ha is currently working on her Girl Scout Gold Award with an emphasis on student advocacy. She is raising awareness about LGBT representation in school curriculum, as well as calling for more teacher training and resources to support LGBT students. Last November, she spoke about those issues at a school board meeting. She is currently working on hosting a PFLAG panel at El Modena, and am interviewing transgender youth in order to share their experiences.

Miguel Zamudio is a college student at IVC who is majoring in sociology. He is also the lead facilitator at the LGBTQ Center OC's young adult group, Prism. He has been an active volunteer at the center for the past two years. His interests are comic books, Drag Race, and pop culture.

Miliana Singh is the LGBTQ Center OC Health Care and Transgender Services Coordinator for the Center. She's a California transplant after relocating from Florida but she's no stranger to an Orange County after moving from Orange County, Florida. She's passionate about uplifting and empowering the community through outreach and building a strong sense of unity. Back in 2006, Miliana started her transition in Polk County, Florida in a region that was not gender-affirming and lacked the resources for a successful transition. Despite her obstacles, she was able to become the woman she is today. She uses the past as a reminder of what hardship was like and fuels that into the passion she now has to better the lives of those she's able to affect. Miliana started at the Center as a volunteer and within a year, transitioned into an employee for the Center. She's so excited for the positive changes to come.

Morelia Rodriguez has a Bachelor of Arts degree in Public Health Policy from UC Irvine. She has been with WTLC for a little less than a year providing community and survivor advocacy for those impacted by intimate partner violence and human trafficking. As a queer person of color, she has an interest in advocating for the LGBTQ+ community by providing workshops and presentations on LGBTQ+ intimate partner abuse and advocacy. In her undergrad at UC Irvine, Morelia conducted ethnographic research to understand how intimate partner abuse impacts the LGBTQ+ community and what barriers LGBTQ+ survivors face when seeking justice, this has informed how she advocates for LGBTQ+ survivors to better serve them and share her knowledge with others.

OC Human Relations is a nonprofit working to help foster safety and inclusivity for all people throughout Orange County. Aurea Martinez and Kathy Tran are Human Relations Specialists serving various schools in Orange County through the implementation of the BRIDGES Safe and Respectful Schools Program. They support student leaders in their efforts to create a more equitable and welcoming environment on their campus. Marco Ortega and Michael Aranda are Restorative Justice Specialists working in Orange County schools to implement a restorative justice framework on their campus. They do this through community building and conflict resolution with all stakeholders, working to ensure collaboration and equity of voice throughout the school community.

Sabrina Hughes is a Prevention Coordinator and **Nicole Zárate**, CHES is a Prevention Education Specialist with the Waymakers Sexual Assault Victim Services & Prevention program. In addition to providing education to the community, these Preventionists create social norms change in Orange County through

planning events, facilitating cross-movement collaboration, and informing social media content @SAVSWaymakersOC.

Silvia Lilly is a supporter and ally of the LGBTQIA+ community. Silvia is the coordinator for NAMI-OC's ""Loud & Proud"" Music & Art Festival and has a background in mentoring LGBTQIA+ individuals and families who suffer from mental illness and or substance abuse."

Stephanie Cariker, MSW, is an Associate Clinical Social Worker trained in EMDR and Certified as an Individual and Group Critical Incident Stress Management (CISM) Facilitator. Stephanie is also a Certified Art4Healing® Facilitator and has been initiated in the Shoden level of the Reiki method of energy healing. Stephanie began working for Hoag in 2012 and currently provides psychotherapy in both English and Spanish. Stephanie has a passion for serving vulnerable and under-served populations and strives to build strong interpersonal relationships in order to help individuals transform and bring about lasting personal change.

Tony Viramontes joined the LGBTQ Center OC in 2009. He received a Bachelor of Arts in Political Science from the University of California Santa Cruz. While in Santa Cruz, he became an activist using theater as a platform to educate his community. Immediately after finishing his BA Tony was accepted into UCSC's Theater Arts Graduate Certificate Program which he completed in 2006



Resource Fair

The LGBTQ Center OC greatly appreciates our many community partners for attending and participating at this year's LGBTQ Youth Convening to provide our youth, students, and community members with resources that will help improve their health and wellness, and to empower them.

Access Resource Videos on:

<https://www.lgbtqcenteroc.org/lgbtq-youth-convening-2020/>

Resource fair attendees include:

NAMI OC • OC Health Care Agency • LGBTQ Center OC • Planned Parenthood of OC & San Bernardino Counties • A Child's Place

Learning Center • ACLU SoCal • Norooz Clinic Foundation • Youth First Orange County • Immigration Resources (LGBTQ Center OC) • Waymakers OC • Seneca Family of Agencies • OC Priority Center • WTLC • Resurrection Beach MCC • Learn4Life • Free Mom Hugs • UCI Gender Diversity Program

About the LGBTQ Center OC

The LGBTQ Center OC was established as a volunteer organization in 1971 and incorporated in 1975 as a 501(c)(3) non-profit community-based organization. We are one of the oldest gay and lesbian community centers in the United States. At the LGBTQ Center OC, all members and allies of the Lesbian, Gay, Bisexual, Transgender, and Queer community of Orange County join together in a network of support and unity. Our life-affirming programs focus on empowerment, and our advocacy efforts focus on speaking out against hate and discrimination.



We exist so that every segment of the LGBTQ population of Orange County has the resources needed to thrive in their own lives and communities. The LGBTQ Center Orange County provides services to more than 14,000 individuals annually across a broad spectrum of culture, ethnicity, age, and economic background. Check out us online and on social media!

Website: www.lgbtqcenteroc.org

Facebook: www.facebook.com/lgbtqcenteroc

Instagram: www.instagram.com/lgbtqcenteroc

Twitter: www.twitter.com/lgbtqcenteroc

Youth, Advocacy, and Education Programs:

The LGBTQ Center OC provides a comprehensive youth program that centers on education and advocacy. We host social and educational in-group activities and community events that strengthen Orange County LGBTQ youth and their sense of well-being and identity, as well as their involvement in their schools and communities. We collaborate with several colleges and universities to provide positive adult mentors and education that highlights queer visibility and culture.

In addition, we have established ongoing relationships with at least 45 Gay-Straight Alliance clubs and their advisors, student leaders, and members to create safe and supportive schools for LGBTQ students. We continue to increase our support for more Gay-Straight Alliances each year and provide resources for youth, students, families, teachers, administrators across Orange County.

Our Advocacy and Education Program works closely with students and school staff to develop safer and inclusive spaces in school by pushing for updated policies and practices in school at local school district meetings. We collaborate with parents, counselors, teachers, and school administrative staff to provide updated information, tools and resources to help districts and staff implement model policies that support the success of LGBTQ students and comply with California State Education Codes.

Youth First Orange County

Youth First Orange County (YFOC) advocates for safe, inclusive, and discrimination-free schools for LGBTQ students. We are working to protect LGBTQ+ students' rights to a free and appropriate public education, in safe and supportive school climates, without harassment or discrimination, in which they can reach their full potential. We meet monthly to discuss and strategize youth advocacy work in Orange County.

Want to get involved? Contact our team!

Stephanie Camacho-Van Dyke, Director of Advocacy and Education

stephanie.vandyke@lgbtqcenteroc.org

Tobias Vasquez, Advocacy and Education Coordinator

tobias.vasquez@lgbtqcenteroc.org

Wendi Evans, Advocacy and Education Program Assistant

wendi.evans@lgbtqcenteroc.org

Upcoming Events



“State of Pride” Live Screening - Saturday, June 6th

Calling all Gay-Straight Alliance students and LGBTQ youth from Orange County and beyond! Please join us for the

documentary screening of "State of Pride" followed by a panel of youth and adults leaders in their respective communities. More information to come!

Register here to receive the Zoom link and password: bit.ly/stateofpride2020

Lavender Graduation - Saturday, June 27th

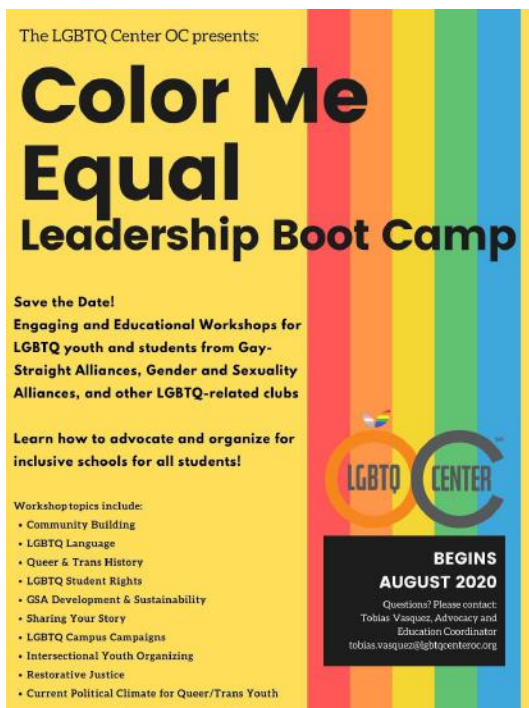
The LGBTQ Center OC wishes to acknowledge LGBTQ students and their academic achievements, accomplishments, and contributions both at the LGBTQ Center OC, at their schools, and in the community.

Lavender Graduation is open to the Orange County community, where we welcome youth, students, parents, families, teachers, and community members to participate as audience members.

In lieu to an in-person event, Lavender Graduation will take place virtually on Zoom.



For more information, please visit: bit.ly/LavenderGrad2020



"Color Me Equal" Leadership Boot Camp

The "Color Me Equal" Leadership Boot Camp is a series of leadership trainings organized by Youth Empowered to Act (YETA) at The LGBTQ Center OC for all LGBTQIA and allied youth. Participants will learn tools to help their Gay-Straight Alliances, Gender and Sexuality Alliances, and other LGBTQ-related clubs educate, advocate and organize for safe, welcoming and inclusive schools for all LGBTQ students.

Topics include: Community Building; LGBTQ Language; Queer & Trans History; LGBTQ Student Rights; GSA

Development & Sustainability; Sharing Your Story; LGBTQ Campus Campaigns; Intersectional Youth Organizing; Restorative Justice; Current Political Climate for Queer/Trans Youth.

Begins August 2020. Contact Tobias Vasquez for more information and to register!
tobias.vasquez@lgbtqcenteroc.org



Community Resources

Please see the list below to learn more about available resources.

US Census - Get Counted!

For the first time in U.S. History, on the 2020 Census, you'll have the option to identify a relationship as same-sex, providing statistics that can inform local planning for families and housing. Census responses also impact over \$675 billion in federal funding for communities like ours.

Stay Safe, Stay Healthy, and Get COUNTED! Remember, if you haven't completed the #2020Census you can still do so from the comfort of your own home.

Online: <https://my2020census.gov/>

By phone: 1-844-330-2020

By mail if you received the paper form.

Questions? Please Contact:

Jonatan Gutierrez,

Immigration Outreach Coordinator

jonatan.gutierrez@lgbtqcenteroc.org

714.953.5428 ext. 504

LGBTQ Youth Resources

- [The LGBTQ Center OC's Mental Health and Emotional Wellness Program](#) (714-953-5428)
This program improves mental health and well-being by providing accessible, culturally competent and high-quality mental health promotion, disease prevention and mental health programming.

Mental health counseling is available on a slide scale depending on income and is offered to youth and individuals, couples, and families. In addition to English, we have several counselors who speak Spanish, Vietnamese, and Farsi. We encourage LGBTQ youth who have been bullied or victims of violence to enroll in our mental health services to rebuild confidence and well-being.

- [SoCal American Civil Liberties Union](#)

The American Civil Liberties Union (ACLU) defends the fundamental rights outlined in the United States Constitution and the Bill of Rights. These include the right to freedom of speech and assembly, the right to religious freedom, due process of law, equality before the law and the right to privacy.

- [Gay, Lesbian & Straight Education Network \(GLSEN\)](#)

As a student, you have the power to make change in many ways in your school and community.

- [Genders & Sexualities Alliance Network](#)

This organization LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities.

- [It Gets Better Project](#)

The It Gets Better Project inspires people across the globe to share their stories and remind the next generation of LGBTQ+ youth that hope is out there, and it will get better.

- [Planned Parenthood of Orange & San Bernardino Counties](#)

A trusted health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of people worldwide.

- [Q Chat Space](#)

Q Chat Space is a digital LGBTQ+ center where teens join live-chat, professionally facilitated, online support groups.

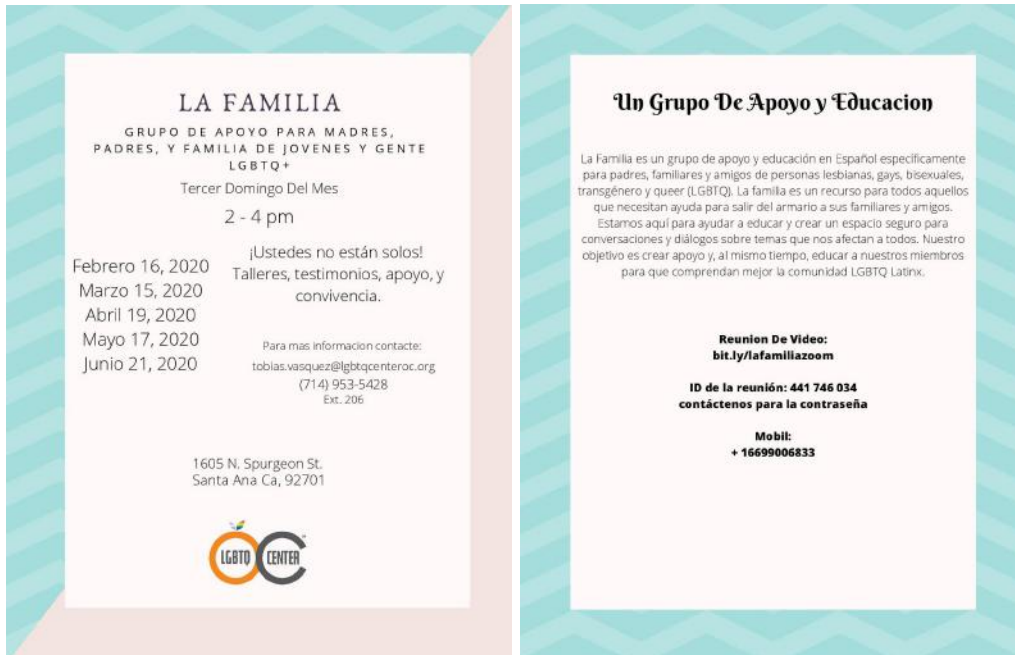
- [The Trevor Project - Crisis Intervention and Suicide Prevention](#)

The Trevor Project is a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.

Parent and Family Resources

- **La Familia**

Un grupo de apoyo hispanohablante para padres, amigos y familiares de miembros de la comunidad latina LGBTQ. Venga a participar en o escuchar pláticas y testimonios en un espacio seguro, abierto y confidencial. Las reuniones tienen lugar el tercer domingo de cada mes en el Centro LGBT OC o sobre Zoom. Contacto: tobias.vasquez@lgbtqcenteroc.org



- **PFLAG**

PFLAG is the United States' first and largest organization uniting parents, families, and allies with people who are lesbian, gay, bisexual, transgender, and queer. PFLAG National is the national organization, which provides support to the PFLAG network of local chapters.

- North OC PFLAG:
 - First Wednesday of each month from 7:30-9pm.
 - 714.997.8047
 - brendathompsonpflag@gmail.com
- South OC PFLAG:
 - 3rd Wednesday of each month from 7-9pm
 - 949.459.2834
 - Contact: pflagsouthoc@cox.net

- **Transgender Children and Allies Together (TCAT)**

TCAT supports parents and their transgender and gender non-conforming children ages 4-13. One parent group and children group meet simultaneously. For screening and information, please contact: tcat@lgbtcenteroc.org

- **The Daring Outdoor Group (TDOG)**

A monthly social group for transgender tweens, their families, and friends. This group participates in social outings, such as bonfires, bowling, movie nights, and more. For more details, please contact: tcat@lgbtcenteroc.org

- **Viet Rainbow of Orange County**

This is a support group for Vietnamese parents, family members, and friends of LGBTQ individuals.

- info@vietroc.org
- vietrainbowoc@gmail.com

Teacher and Student Resources

- [SoCal American Civil Liberties Union](#)

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- [Advocates for Youth \(AFY\): LGBTQ Resources for Professionals](#)

Lesson plans, tips and strategies, background information, and additional resources to help youth-serving professionals create safe space for young people of all sexual orientations and gender identities.

- [Healthy Lesbian, Gay and Bisexual Students Project](#)

The Safe and Supportive Schools Project promotes safe and supportive environments to prevent HIV and other sexually transmitted infections among adolescents.

- [Just the Facts: A Primer for Principals, Educators, and School Personnel](#)

Just the Facts provides information and resources for principals, educators and school personnel who confront sensitive issues involving gay, lesbian and bisexual students.

- [Understanding Sexual Orientation and Gender Identity](#)

Accurate information for those who want to better understand sexual orientation.

- [Bullied: A Student, a School and a Case That Made History: Teaching materials for educators](#)
“Bullied” is a documentary film designed to help administrators, teachers and counselors create a safer school environment for all students, not just those who are gay and lesbian.
- [CDC’s Division of Adolescent and School Health: Protective Factors for LGBT Youth: Information for Health and Education Professionals](#)
Information summarizing key findings that can strengthen programs and research that support LGBT youth.
- [Gay, Lesbian & Straight Education Network \(GLSEN\): Educator Resources](#)
GLSEN educator guides and lessons to support your curriculum and practices.
- [Genders and Sexualities Alliance \(GSA\) Network](#)
GSA clubs are student-run organizations that unite LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities.
- [HIV and Youth](#)
Addressing HIV in youth requires that young people have access to information and tools they need to reduce their risk, make healthy decisions, and get treatment and care if they have HIV.
- [National Alliance to End Homelessness: Serving LGBT Homeless Youth](#)
To end LGBT youth homelessness, youth and young adults need stable housing, supportive connections to caring adults, and access to mainstream services that will place them on a path to long-term success.
- [National Education Association: 6 Tips for Educators Dealing with Harassment of LGBT Students](#)
From Stepping Out of the Closet, Into the Light: A Report on the Status of Gay, Lesbian, Bisexual and Transgender People in Education
- [StopBullying.gov: Information for LGBTQ Youth](#)
Lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth and those perceived as LGBT are at an increased risk of being bullied. There are important and unique considerations for strategies to prevent and address bullying of LGBTQ youth.
- [The Trevor Project: Education and Resources for Adults](#)
The Trevor Project’s “Trainings for Professionals” include in-person Ally and CARE trainings designed for adults who work with youth. These trainings help counselors, educators, administrators, school nurses, and social workers discuss LGBTQ-competent suicide prevention.

Mental Health Resources

- [The LGBTQ Center OC's Mental Health and Emotional Wellness Program](#)
 - Phone: 714-953-5428 Ext. 330
 - Email: Counseling@lgbtqcenteroc.org
 - Website: www.lgbtqcenteroc.org/therapy
 - Fill out referral form online

This program improves mental health and well-being by providing accessible, culturally competent and high-quality mental health promotion, disease prevention and mental health programming. Mental health counseling is available on a slide scale depending on income and is offered to youth and individuals, couples, and families. In addition to English, we have several counselors who speak Spanish, Vietnamese, and Farsi. We encourage LGBTQ youth who have been bullied or victims of violence to enroll in our mental health services to rebuild confidence and well-being.

- [The Trevor Project](#) (1-866-488-7386)

The Trevor Project is one of the first organizations to offer a lifeline specifically for LGBTQ youth and their advocates are there to help. They specialize in young LGBTQ people's mental health, and they're available 24/7. They're a great resource if you need help or just want to talk about your life.

- [National Suicide Prevention Lifeline](#) (1-800-273-8255)

The Lifeline is a free, anonymous, 24/7 helpline and chat service for anyone struggling with issues related to suicide. The Lifeline has counselors specifically trained to be sensitive to LGBTQ issues. If you have suicidal thoughts, know someone at risk, or just want to talk about the issue, reach out. This resource is for you.

- [National Alliance on Mental Illness Helpline](#) (800-950-NAMI)

NAMI offers a daily hotline that you can call to talk about mental health and to find resources in your area. The hotline is only open weekdays, so if you have a more immediate need, it's a good idea to reach out to a 24/7 resources like The Trevor Project.

- [Love is Respect](#) (1-866-331-9474):

LGBTQ teens experience dating violence, too, and it's never alright. Many young LGBTQ people aren't out to their families or communities, and many anti-violence organizations lack expertise in helping LGBTQ people. Because of these circumstances it can be even harder to get help. Love is Respect has resources for LGBTQ young people [to learn about healthy relationships](#) and their counselors are available 24/7 to offer education, support, or to talk through your options.

- [Rape, Abuse, and Incest National Network](#) (800-656-4673)

LGBTQ youth are at an especially high risk of sexual violence. Sexual violence is a difficult experience for any survivor, but it can be especially hard for young LGBTQ people who may not

have support. Remember, your consent always matters, and anyone who violates your consent — whatever their gender or sexual orientation — is in the wrong. If you've experienced sexual violence, or you simply want to talk, you can call RAINN's hotline anytime.

- [National Runaway Safeline](#) (1-800-RUNAWAY)

The Safeline is available for all youth who feel unsafe at home, are considering running away from home, or have run away. You can call or message 24/7 if you're being bullied, abused, need help finding shelter support, or just need to talk.